

# Get your flu shot the best way to help prevent the flu

Each of us can help protect all of us. Get a flu shot and show you care.



Take down the flu by getting your annual flu shot right away. Flu shots are:



#### Covered at \$0 out-of-pocket

They're safely given at over 50,000 locations<sup>1</sup>—including network doctors, other health care professionals and the locations listed on the back.



#### More important this year

They're the best way to prevent the flu, according to the Centers for Disease Control and Prevention (CDC).<sup>2</sup>



#### Helping communities and health systems

They helped prevent nearly 91,000 flu-related hospitalizations in 2017-2018.3

### Choose where to get your flu shot

Most plans cover flu shots at 100% at the following retail pharmacies and network convenience care clinics. If you're in California, however, certain convenience care clinics may not be covered at 100%. Check your plan details or call the number on your health plan ID card to be sure you're covered at the clinic you choose.



Retail pharmacies: Pharmacists associated with these retail pharmacies can administer flu shots. No appointments are necessary Albertsons® Companies including Albertsons Osco, ACME: acmemarkets.com/pharmacy/pharmacy-services/immunizations Albertsons Sav-on, Acme Sav-on, Jewel-Osco, Safeway, Albertsons: albertsons.com/pharmacy/pharmacy-services/immunizations Shaws Osco and Star Markets Carrs: carrsqc.com/pharmacy/pharmacy-services/immunizations Haggen: pharmacy.haggen.com/hgweb/#/home Safeway® including Carrs, Pavilions, Randalls, Tom Jewel Osco: jewelosco.com/pharmacy/pharmacy-services/immunizations Thumb and Vons Pavilions: pavilions.com/pharmacy/pharmacy-services/immunizations United Supermarkets® including Albertsons Market, Randalls: randalls.com/pharmacy/pharmacy-services/immunizations Amigos and Market Street Safeway: safeway.com/pharmacy/pharmacy-services/immunizations Shaws: shaws.com/pharmacy/pharmacy-services/immunizations Star Market: starmarket.com/pharmacy/pharmacy-services/immunizations Tom Thumb: tomthumb.com/pharmacy/pharmacy-services/immunizations Vons: vons.com/pharmacy/pharmacy-services/immunizations United: unitedsupermarkets.com/page/pharmacy#immunizations Costco Pharmacy costco.com/pharmacy/adult-immunization-program harristeeter.com/pharmacy-services/#/app/cms Harris Teeter® H-E-B® heb.com/pharmacy/services/immunizations.jsp Hy-Vee® hy-vee.com/health/pharmacy/flu-shots Kmart<sup>®</sup> pharmacy.kmart.com/newrx-immunization The Kroger Co. including Baker's, City Market, Copps, kroger.com/d/flu Dillons, Fred Meyer, Fry's, Gerbes, Jay C, King Soopers, Kwik Shop, Mariano's, Metro Market, Owen's, Payless, Pick 'n Save, QFC, Ralph's Grocery, Roundy's and Smith's Food & Drug Center Meljer\* meijer.com/content/content.jsp?pageName=immunization\_services Publix<sup>®</sup> publix.com/pharmacy-wellness/pharmacy/pharmacy-services/vaccinations Rite Aid® riteaid.com/pharmacy/services/vaccine-central Walgreens® including Duane Reade, Jim Meyers, Kerr walgreens.com/flu Drug, May's Drug, Parkway Drug, Super D Drug, The Ryan Pharmacy and USA Drug Walmart Inc. and Sam's Club® walmart.com/op/1228302 Network convenience care clinics: Convenience care clinics are typically located in retail stores and don't require appointments. The Little Clinic® thelittleclinic.com MinuteClinic® minuteclinic.com/services/vaccination RediClinic® rediclinic.com/riteaid

## Find a nearby location

Walmart Care Clinic®

uhc.com/flushot

walmart.com/careclinic



- Cortain proventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, colinausance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.
- <sup>3</sup> The Genters for Disease Control and Prevention, www.odc.gov/flu/prevent/flushot/htm.
- 3 The Centers for Disease Control and Prevention, edo.gov, 2020.
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